

**A good Women's
Shed develops a safe
and happy
environment where
women are welcome
to work on
community projects,
specific Women's
Shed projects or a
project of their own
choice in their own
time and where the
only 'MUST' is to
observe safe
working practices
...all in a spirit of
EMPOWERMENT.**

MILES WOMEN'S SHED

**From
power tools
to
empowerment**



**JOIN US!!!
ALL WELCOME**



**MILES
WOMEN'S
SHED**



Proudly supported by:

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What is a Women's Shed?

Women's Shed is a space for women to connect through shared interests. The female version of the Men's Shed - the sister movement.

Men's & Women's Shed are springing up all around Australia and internationally.

The Miles Women's Shed provides a safe and happy environment where women can learn new skills to create different projects. This includes learning to weld or do woodwork. All aspects of safety concerning the use of different tools and materials are taught.

You might see a few young women working with older women obtaining new skills and learning something about life.

You will also see tea/bags, coffee cups and a comfortable area where women can sit and talk.

Membership

is for insurance purposes
Annual Membership \$20
Concession \$15



Come along to our Miles Women's Shed Workshop

at Miles State High School Trade Centre

**THURSDAYS
FROM 3:30pm**

**COME ALONG and
HAVE FUN!**

What is so special about Women's Shed?

Becoming a member of the Women's Shed provides a safe and busy environment where women are encouraged to diversify their skills.

And importantly, there is no pressure. Women can just come and have a yarn and a cuppa if that's all they're looking for.

Members of the Women's Sheds come from all walks of life - the bond that unites them is that they are all women with interest in learning new skills and sharing their knowledge with other women and being creative.



Good health is based on many factors including feeling good about yourself, being productive, contributing to your community, connecting with friends and maintaining an active body and mind.

